

**Ingredients:**

Cricket Flour (House Crickets,  
Acheta Domesticus)

**Allergen Warning:**

If you have a shellfish/  
crustacean allergy, you  
may be sensitive to this  
product.

Produced in Chiang Mai,  
Thailand



**HARRISON  
FOOD GROUP**

Distributed by  
Harrison Food Group, LLC  
Saratoga Springs, NY and  
Woodinville, Washington  
[www.budscricketpower.com](http://www.budscricketpower.com)  
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## Nutrition Facts

About 15 servings per container

**Serving size 1/3 Cup (31g)**

Amount per serving

**Calories 140**

% Daily Value\*

**Total Fat 7g 9%**

Saturated Fat 2.5g **13%**

*Trans* Fat 0g

**Cholesterol 80mg 27%**

**Sodium 140mg 6%**

**Total Carbohydrate 1g 0%**

Dietary Fiber 0g **0%**

Total Sugars 0g

Incl. 0g Added Sugars **0%**

**Protein 20g**

Vitamin D 0mcg 0%

Calcium 29mg 2%

Iron 1mg 6%

Potassium 312mg 6%

\*The % Daily Value tells you how much a nutrient in  
a serving of food contributes to a daily diet. 2,000  
calories a day is used for general nutrition advice.