

**Ingredients:**

Cricket Flour (House Crickets,  
Acheta Domesticus)

**Allergen Warning:**

If you have a shellfish/  
crustacean allergy, you  
may be sensitive to this  
product.

Produced in Chiang Mai,  
Thailand



**HARRISON  
FOOD GROUP**

Distributed by  
Harrison Food Group, LLC  
Saratoga Springs, NY and  
Woodinville, Washington  
[www.budscricketpower.com](http://www.budscricketpower.com)  
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## Nutrition Facts

About 7 servings per container  
Serving size **1/3 Cup (31g)**

Amount per serving

**Calories** **140**

% Daily Value\*

**Total Fat** 7g **9%**

Saturated Fat 2.5g **13%**

*Trans* Fat 0g

**Cholesterol** 80mg **27%**

**Sodium** 140mg **6%**

**Total Carbohydrate** 1g **0%**

Dietary Fiber 0g **0%**

Total Sugars 0g

Incl. 0g Added Sugars **0%**

**Protein** 20g

Vitamin D 0mcg **0%**

Calcium 29mg **2%**

Iron 1mg **6%**

Potassium 312mg **6%**

\*The % Daily Value tells you how much a nutrient in  
a serving of food contributes to a daily diet. 2,000  
calories a day is used for general nutrition advice.